

Parenting

Let's take the stress out!



- Would you like to learn parenting strategies to help make your life easier?
- Do you ever wonder if there is an easier way to get children to go to bed on time, eat their food or get ready for school on time?
- Would you like to learn proven strategies that help with dealing with children at different ages?

If the answer is 'yes' to any of these then come and join us at
9:15- 11.15am on Tuesday 4th of June
Northumberland Heath Primary School
Wheelock Close
Erith DA8 1JD

All parents who have attended this course in other boroughs have reported a change in their children's behaviour.

Course Overview

The course will take place every Tuesday morning for 6 weeks starting on the 4th of June.

If you would like to attend, please email the information below to Alison Golding agolding@nhp.bexley.sch.uk or text 07833469361

Parent's name _____

Contact number _____



Learning & Enterprise College Bexley

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